



Area Agency on Aging

Lewis-Mason-Thurston Area Agency on Aging

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ADVISORY COUNCIL Meeting Minutes for September 5, 2018

Members Present

Lewis County: Cindy Mund, Lynn Ford, Elizabeth Hicker
Mason County: Ida Sevier, Glenn Harper
Thurston County: Gwen Gadberry, Dave Hughes, Mike Robbins, Howard Burton

Members Absent – Excused

Lewis County: Lanette Scapillato
Mason County: Beth Gizzi
Thurston County: Walter Sulskis

Members Absent – Unexcused

Lewis County: Deb Mizner
Mason County: Deborah Reis, Carroll Raether

Staff Present

Nicole Kiddoo, Joy McBride, Valerie Lamb, Carrie Petit, Lydia Sartell

Guests

Paul Tosch, Regional LTC Ombudsman
Juno Whittaker, Planning and Development Director, SPIPA

Welcome & Introductions

Cindy Mund, Chair, called the meeting to order at 9:30 am, followed by introductions.

Approval of Minutes & Agenda

The September agenda and August minutes were accepted as written and no changes were made.

Community Updates/Announcements

Howard Burton asked about the two-day W4A Meeting/Fall Conference being held in Tacoma on October 10th and 11th. Council members were encouraged to attend.

Paul Tosch announced that he has four new volunteers and can use more.

Lynn Ford reported on the Lewis County Fair, and that she had staffed the seniors' booth.

Elizabeth Hicker reported that the Toledo and Winlock Senior Centers are doing well, and the Winlock center is planning a dinner with a medieval theme.

Juno Whittaker, a guest from SPIPA, reported that there will be a one day gathering of elders in October and SPIPA is interested in finding someone to participate on a panel regarding elder fraud and abuse following disasters.

State Council on Aging Report

Lynn Ford reported that there was no SCOA meeting in July or August, but informed the Council about preparations for the October conference.

Council of Governments Meeting Report

Gwen Gadberry attended the August COG meeting, in place of Ida Sevier. She shared a list of the roles and priorities identified by the Advisory Council with the COG, and received good feedback from the Commissioners about the Council's priorities.

Executive Director's Report

Executive Director, Nicole Kiddoo, thanked Lynn Ford and Elizabeth Hicker for representing the Council at the lunch that was part of the LMTAAA all-staff meeting in August. There will be an all-staff training in October, focused on team work and professional growth, and facilitated by trainer Julie Lancaster. Julie will also be facilitating a training for management staff in September.

She reminded the Council about the annual two-day event coming up W4A State-wide Advisory Council, October 10th. Members were again encouraged to attend that meeting, as well as the Senior Lobby Fall Conference on October 11th. Both are being held at the Murano Hotel in Tacoma, and Council members were encouraged to let Lydia know if they would be attending one or both days.

The Council was also informed about upcoming ALTSA monitoring, current union negotiations, the end of the 2016 State Audit, and the beginning of the 2017 Audit.

LMTAAA has received a \$20,000 grant for expanded Kinship Caregiver serves over the next year and a half, and Carrie Petit was asked to give a brief overview. Family Education and Support Services (FESS) will be contracted to provide additional services, which include educational components, conferences, trauma-informed caregiving training, youth support, and Chronic Disease Self-Management Education for kinship caregivers.

Executive Director Kiddoo reported on LMTAAA discussions with Mason General Hospital to partner to provide *A Matter of Balance* classes, and plans to develop material for falls awareness and prevention. The Agency will be looking at a falls risk assessment tool, and discussing ways the Council can get involved with falls prevention outreach.

Tribal 7.01 Plan Updates

Joy McBride provided some background on the 7.01 tribal planning process, and shared the draft plan updates, which will be finalized and submitted to ALTSA in October. There are five tribes in the LMT service area, and she summarized the goals, objectives, and activities that were discussed with the tribes and appear in the plans. The Council also had an opportunity to comment and ask questions about the plans.

LMTAAA Staff Presentation – Information & Assistance

Access Services Supervisor, John McBride, and Assistance Specialists Amanda Neville, Marla Lunda, Laura Dreckman, and Nicole Fuller, gave a presentation about the kind of help they provide to seniors, the numbers of people they have served, and the rewards and challenges involved in their work. The Council had an opportunity to ask questions, and there was discussion about ways to help staff at senior centers share information about community resources with seniors who come to the centers.

Adjournment

The meeting was adjourned at 11:59pm.

Joy McBride

Submitted by Joy McBride