



Area Agency on Aging

# Lewis-Mason-Thurston Area Agency on Aging

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## ADVISORY COUNCIL Meeting Minutes for April 4, 2018

### Members Present

Lewis County: Cindy Mund, Lynn Ford

Mason County: Ida Sevier, Deborah Reis, Carroll Raether, Glenn Harper

Thurston County: Gwen Gadberry, Howard Burton

### Members Absent – Excused

Lewis County: Elizabeth Hicker, Deb Mizner, Lanette Scapillato

Mason County: Beth Gizzi

Thurston County: Dave Hughes, Mike Robbins, Walter Sulskis

### Members Absent – Unexcused

None

### Staff Present

Valerie Lamb, Carrie Petit, Lisa Jolly, Nicole Kiddoo, Joy McBride, Mikle Yow

### Guests

Paul Tosch

### Welcome

Cindy Mund, Chair, called the meeting to order at 9:30 am.

### Expanded Introductions with New Executive Director

This item was taken out of order as there was not a quorum at the start of the meeting. Cindy Mund, Chair, welcomed the new Executive Director, Nicole Kiddoo, to the agency as it was her first day. Extended introductions were made by each Council member to share a little about themselves and why they decided to join the Council.

### Approval of Minutes & Agenda

Lynn Ford moved to approve the April agenda once a quorum was reached. Deborah Reis seconded the motion and it passed unanimously. Gwen Gadberry moved to approve the December minutes. Carroll Raether seconded the motion and it passed unanimously.

Council Chair, Cindy Mund, shared her thoughts on the significance of being an

Advisory Council member and her belief that the work being done is very important for the aging community. She shared that the role the Council plays is very similar to being an activist for the members of each county. Several members stated that it would be very helpful to have an overview of the agency at the May meeting as there are multiple new members on the Council.

### **Refreshments/Social Time - Break**

The Council took an extended break in order to get acquainted with the new Executive Director.

### **Community Updates**

Paul Tosch- Paul shared with the Council that the annual Alzheimer's Association Regional Conference will be on Friday, April 27<sup>th</sup> at the Washington State Convention Center in Seattle.

Lynn Ford- Lynn shared that the Lewis County Seniors' celebrated the grand opening of their new thrift store in Chehalis on March 29<sup>th</sup> with many members of the community, local Mayors and County Commissioners in attendance. The first day raised \$1300 and their goal is to replace the \$50,000 transitional grant they received from DSHS in their budget. The store has received many great donations from the community so far.

Glenn Harper- Glenn shared that Mason County Senior Activities Association is hosting their Bunny Hop Bazaar on April 7<sup>th</sup>. The center will also start hosting an Open-Mic Night on the 2<sup>nd</sup> Friday of every month featuring local musicians and food. He shared the [mcsac.net](http://mcsac.net) website with the Council as a resource for more information on upcoming events and activities for Mason County seniors.

Carroll Raether- Carroll shared that Mason County hosts a local Parkinson's Support Group that meets on the 2<sup>nd</sup> Tuesday of each month, but recently the group has been struggling as their leader's health has declined. He stepped up to help keep the group running and arranged to have John McBride with the Family Caregiver Support Program attend their next meeting to discuss Dementia with the group. Todd Nelson, Mason County's Family Caregiver Resource Manager, will also attend the meeting.

Howard Burton- Howard encouraged the Council members to learn more about the Senior Action Network (SAN) and the extensive work they do to serve the local aging community in Thurston County.

### **State Council on Aging (SCoA)**

Lynn Ford gave a report on the March SCoA meeting. She shared that Republican Representative, Richard DeBolt, will be retiring. There are also two Legislators that have recently joined the Council and have been discussing the issues of senior housing and homelessness to assist in making recommendations to the Governor on these priorities. Lynn also reported that the Senior Games will now be granting a Dennis Mahar award. The SCoA will be working together on this with the Senior Games.

### **Council of Governments (CoG) Meeting Report from Vice-Chair**

Vice-Chair, Ida Sevier, had no report as the last CoG meeting was cancelled.

### **LMTAAA Report**

Contracted Services Director, Joy McBride, reported on the following topics:

Aging Mastery Program Kits- The Council was asked to give their feedback on their trial of the Aging Mastery Program (AMP) Kits provided by the National Council on Aging and disbursed at last month's Council meeting. Overall, those that tried the program enjoyed it and thought it was easy to follow. Some noted there was no option to complete the survey online, so Joy will follow up with the Council when she is able to get more information. Gwen Gadberry brought her kit to the meeting and was able to show the contents to Council members that did not receive a kit.

Fiscal Update- The Council was informed that as the end of the state fiscal year is approaching in June, the agency is reviewing state funding expenditures. Currently, there is under spending in the State Expanded Home Delivered Meals Program and additional funding is needed in the Kinship Caregivers Support Program to assist in emergent needs for grandparents and other relatives raising children. DSHS will redistribute state funds among the Area Agency on Aging office where excess or need is identified.

Medicaid Transformation Demonstration Project- Joy gave an update to the council on the status of the Medicaid Alternative Care and Tailored Supports for Older Adults programs. To-date, 900 individuals have been served statewide through the demonstration. Locally, 78 people have been assessed for the program, 38 are currently on services and 16 applications are pending. It is expected that these programs will continue to grow as system issues are corrected.

### **Medicaid Contracts Overview**

The Contracts Managers gave an overview of the current Medicaid Waiver service contracts. A hand-out was given to the Council members that listed each contract, the providers of each service and the current rate for each service for all three counties.

### **Adjournment**

The meeting was adjourned at 11:30am.

*Mikle Yow*

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**Submitted by: Mikle Yow, Administrative Secretary**