

DRAFT

**Appendix F
Lewis-Mason-Thurston Area Agency on Aging
Report on Accomplishments from the
2016-2019 Area Plan**

A full report on the 2016-2017 progress and accomplishments pertaining to all goals and objectives outlined in the 2016-2019 Area Plan is included within Section C, Issue Areas, Goals and Objectives.

The Progress Report on Section C-4 Older Native Americans is outlined below for the 2016-2017 Policy 7.01 Implementation Plan.

Policy 7.01 Implementation Plan
Lewis-Mason-Thurston Area Agency on Aging and
Confederated Tribes of the Chehalis Reservation, Cowlitz Indian Tribe,
Nisqually Indian Tribe, Skokomish Indian Tribe, and Squaxin Island Tribe

Timeframe: January 1, 2016 to December 31, 2017

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(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for 2016 - 2017
<p>Discuss and implement Policy 7.01 Implementation Plan for 2016-2017 Biennium</p>	<ul style="list-style-type: none"> -Regularly meet with representatives from all regional Tribes – Chehalis, Cowlitz, Nisqually, Skokomish, and Squaxin Island – as well as representatives from South Puget Intertribal Planning Agency (SPIPA) and NW Urban Indian Community (NWUIC). -Discuss needs of the individual tribal communities and discuss challenges and successes of past coordination efforts. -Meet with Chehalis Tribe separately, upon their request and invitation, at their 7.01 Planning Day in the spring; but also include the Chehalis Tribe in LMTAAA's joint 7.01 Plan meetings. -Meet separately with other Tribes upon their request. 	<ul style="list-style-type: none"> --Develop a Policy 7.01 Plan that represents a collaborative planning process with the Tribes within Lewis, Mason and Thurston Counties. -Improve current and future coordination and collaboration between LMTAAA and regional tribes, in order to improve services for older Native Americans. 	<p><u>Lead Staff:</u> Director, Contracts Manager and other LMTAAA staff, as needed</p> <p><u>Target Date:</u> Meetings will occur at least annually.</p>	<p><u>2016</u> An annual Policy 7.01 Plan Collaborative Meeting was held May 5, 2016. In attendance were representatives from Chehalis, Cowlitz, Nisqually, Skokomish, and Squaxin Island Tribes, as well as SPIPA and LMTAAA.</p> <p>Director was not available to meet with the Chehalis Tribe at their 2016 Planning Day.</p> <p><u>2017</u> LMTAAA staff met with the Confederated Tribes of the Chehalis Reservation on May 4, 2017 to develop a Policy 7.01 Plan for 2018-2019.</p> <p>LMTAAA staff met with representatives from the Chehalis, Squaxin Island and Cowlitz Tribes on June 19, 2017 to discuss a collaborative 7.01 Plan for 2018-2019.</p> <p>The Nisqually and Skokomish tribes have been contacted several times to participate in Policy 7.01 Planning. They are currently not involved however when they are interested in participating</p>

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				LMTAAA will gladly meet with them to develop a meaningful Policy 7.01 Plan.
Ensure Tribal staff receive agendas and minutes from LMTAAA Advisory Council and Council of Governments meetings, employment opportunities, RFP/RFQs for LMTAAA funded programs, notices of area planning, Family Caregiver Support Program newsletters and flyers, other relevant community event dates, training opportunities.	Include Tribal contacts in postal and email distribution lists.	Increase Tribal awareness of LMTAAA and community activities, available funding, planning activities and training opportunities.	<u>Lead Staff:</u> Administrative Secretary, Contracts Manager, FCSP and I&A staff <u>Target Date:</u> Ongoing throughout the year	LMTAAA Administrative Secretary contacts the Tribes at least annually to ensure email and mail distribution lists are current. At the May 2016 7.01 meeting, LMTAAA staff announced the availability of carryover OAA IIIC funds that were available to the Tribes to support one-time needs in their nutrition programs. Tribes were invited to submit proposals under \$3,000 each. The Cowlitz, Chehalis and Skokomish Tribes all submitted proposals and were awarded funds effective August 1, 2016 to be used before December 31, 2016.
Strive for Tribal representation and Native American Elder input to the LMTAAA Advisory Council (AC)	-Specifically target and recruit Tribal staff and Native American Elders for membership -Encourage Native American Elders to attend as guests	-At least one Tribal member from the region will serve as a member of the LMTAAA AC. -Native American Elders will feel welcome at the LMTAAA AC meetings and provide	<u>Lead Staff:</u> Director, Contracts Manager, current Advisory Council members <u>Target Date:</u>	Deb Mizner from Cowlitz Tribe joined the LMTAAA Advisory Council as a Tribal representative in 2016. The Council meets monthly on the first Wednesday of the month. Anyone is welcome to attend.

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		regular input/feedback on topics of interest.	Ongoing throughout the year, as positions are available	Advisory Council agendas are shared with Tribal contacts monthly.
Increase individual and community awareness about emergency preparedness in the Tribes and larger community.	-Include SPIPA, NWUIC, and the Chehalis, Cowlitz, Nisqually, Skokomish, and Squaxin Island Tribes in emergency preparedness efforts and messages. -Inform and encourage Tribal representatives to participate in County specific emergency planning efforts.	-Individuals and the community at large will be better prepared in the event of an emergency -Increase Tribal awareness of and participation in emergency planning efforts in the community	<u>Lead Staff:</u> Contracts Manager <u>Target Date:</u> Ongoing throughout the year.	Skokomish and Squaxin Island Tribes have regularly participated in county emergency preparedness meetings. LMTAAA staff share information regarding emergency preparedness efforts via email.
Increase individual and community awareness, in the Tribes and community at large, of the preventative measures, precautions and advised immunization and treatment for seasonal influenza and pneumonia	Related information will be shared between LMTAAA and the Tribes, when obtained and/or as needed.	Individuals and the community at large will be better prepared to deal with the impact of seasonal influenza, pneumonia and general issues related to community health	<u>Lead Staff:</u> Contracts Manager <u>Target Date:</u> Ongoing throughout the year.	LMTAAA staff continues to share information about preventative measures and advised immunizations to Tribal representatives as it becomes available.

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<p>-Increase consumption of fruits/vegetables by Native American Elders in order to improve nutrition and overall health.</p> <p>-Increase local funding for the Senior Farmer's Market Nutrition Program (SFMNP), specifically to increase the number of SFMNP checks available to Native American Elders.</p>	<p>-Provide Tribes with a set-aside allocation of SFMNP checks.</p> <p>-Submit grant requests to local Tribes and other funding sources.</p> <p>-Tribal Elders Programs will help with SFMNP applications and access to local Farmer's Markets and Farm Stands.</p>	<p>-SFMNP checks will be available and easily accessible to Native American Elders.</p> <p>-Access to affordable fruits and vegetables will be improved.</p> <p>-Overall improvement in Native American Elders' health.</p>	<p><u>Lead Staff:</u> Contracts Manager, with collaborative assistance from Tribal staff.</p> <p><u>Target Dates:</u> -Grant requests will be submitted according to individual grant timelines.</p> <p>-Distribution of SFMNP checks to occur annually in June.</p>	<p><u>2016</u> Discussed possible allocation changes at May 2016 7.01 meeting. The program is open to anyone who qualifies on a first come first serve basis. Tribes have historically received a dedicated 25 sets each. The proportion of allocated checks is significantly higher than that of the population. It was decided that the allocation of 25 sets for each Tribe will remain intact for the 2016 season.</p> <p>In June 2016, the Cowlitz Tribe notified the Lewis County subcontractor that distributes the checks that the Agency on Aging and Disabilities of SW WA would be serving their Tribal Elders and therefore would not need the set aside allocation from LMTAAA.</p> <p><u>2017</u> The tribal allocation of setting aside 25 sets per tribe was continued in the 2017 season. Our contracted providers for implementing the SFMNP (Senior Services for South Sound and Lewis County) reached out to each tribe to encourage applications being filled out and offered assistance as needed.</p>

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<p>-Increase collaboration between Family Caregiver Support Programs (FCSP) and Tribal family caregiving programs.</p> <p>-Provide resources and information for Tribal family caregivers.</p>	<p>-Share ideas for programming and resources.</p> <p>-Collaborate with Tribes on family caregiving conferences and/or local trainings for Tribal members as opportunities arise.</p> <p>-Provide outreach to families of the Chehalis, Cowlitz, Nisqually, Skokomish, and Squaxin Island Tribes.</p> <p>-Provide newsletters, notices of trainings and special events to Tribal caregiving, social service and health departments.</p>	<p>-Broaden the view and scope of both LMTAAA and Tribal Family Caregiver Support Programs.</p> <p>-Increase use of FCSP services by Native American family caregivers.</p> <p>-Increase training opportunities for Native American family caregivers.</p> <p>-Improve health and well-being of Native American family caregivers.</p>	<p><u>Lead Staff:</u> LMTAAA FCSP staff</p> <p><u>Target Date(s):</u> -Meetings and outreach bi-annually or more frequently as needed</p> <p>-Newsletters and notices will be distributed quarterly and/or as released.</p> <p>-Conferences and trainings as opportunities are identified.</p>	<p>John McBride, Access Services Supervisor provided an update on the FCSP program and upcoming events at the May 2016 7.01 meeting.</p> <p>The FCSP newsletter is sent via email to Tribal representatives.</p> <p>FCSP and I&A staff have participated and shared information at several Tribal health fairs and elders luncheons on multiple occasions throughout 2016 and 2017.</p>
<p>-Increase collaboration between Kinship Care Programs and Tribal kinship programs</p> <p>-Provide resources and information for Native American kinship caregivers.</p>	<p>-Kinship Navigator staff at Family Education and Support Services (FESS) will provide outreach, information and resources to Tribal members and Tribal community service staff.</p>	<p>-Continuation of development of relationships between FESS and local Tribes.</p> <p>-Increased number of Tribal members taking advantage of services for kinship caregivers.</p> <p>-Improve health and well-being of Native American kinship caregivers.</p>	<p><u>Lead Staff:</u> Contracts Manager and FESS Kinship Navigator staff (subcontractor for kinship services)</p> <p><u>Target Date:</u> Ongoing throughout the year.</p>	<p>Carrie Petit, Contracts Manager, provided an update on the services provided for kinship caregivers by FESS at the May 2016 7.01 meeting. She announced additional Kinship Caregivers Support Program funding was available to be spent by June 30, 2016.</p> <p>FESS has developed good relationships with several area Tribes. FESS has been working with Nisqually Tribe to explore a kinship support group on the reservation.</p>

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				FESS has also provided parenting classes annually for Skokomish Tribe and Squaxin Island Tribe. FESS regularly works with area Tribes to provide outreach regarding the Kinship Caregivers Support Program and Kinship Navigator Program. FESS staff have also provided statewide trainings for Kinship Navigators for the past three years.
Increase awareness of Native American Elders about community services and resources, including long term care and supports , Medicaid services, legal assistance, living wills/POA, home modification assistance, transportation options, prescription drug coverage, etc.	<ul style="list-style-type: none"> -Maintain regular Information and Assistance visits to the Chehalis, Cowlitz, Nisqually, Skokomish, and Squaxin Island Tribes for education and outreach purposes. -Provide written materials to SPIPA, NWUIC, and regional Tribes for distribution to members. -Set up and staff informational booths at Tribal Health/Community Fairs. 	Increased Tribal member awareness and usage of community services and resources.	<p><u>Lead Staff:</u> I&A staff</p> <p><u>Target Date:</u> -Visits to most Tribes occur monthly and/or as frequently as requested by the individual Tribes</p> <p>-As Health/Community Fairs occur</p>	<p>I&A staff regularly attended the Elders lunches at Nisqually, Skokomish, Squaxin Island and Cowlitz Tribes, as well as other special events such as Pow Wows, holiday luncheons and health & wellness events.</p> <p>I&A Specialist, Nikki Lundberg assisted Francis Longshore of the Skokomish Tribe in putting on the annual Medicare Luncheon for the Skokomish Elders on Feb 4, 2016.</p> <p>LMTAAA staff attended the Money Follows the Person Tribal Summit on November 17 & 18, 2016 and plan to attend again in November 2017.</p>

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Increase community awareness of Tribal services and resources	<ul style="list-style-type: none"> -List announcements specific to Tribal events on LMTAAA website -Inform Tribes of opportunities to attend and set up displays at health/community fairs 	Increased community awareness of Tribal services, resources and events.	<u>Lead Staff:</u> I&A staff, Contracts Manager, Tribal representatives <u>Target Date:</u> Ongoing throughout the year.	Tribes are encouraged to share events with LMTAAA for distribution through email or on LMTAAA's website. Jim Sherrill offered to add the LMTAAA Admin Secretary to the distribution list for the monthly Cowlitz event calendar.
Incorporate cultural sensitivity into paid in-home caregiver training in order to educate in-home caregivers about Tribal culture and tradition.	-Invite the Training Partnership to meet with LMTAAA and Tribal representatives to discuss options for inclusion of cultural sensitivity in trainings.	Cultural sensitivity training will be added to the Fundamentals of Caregiving training and/or offered as Continuing Education for home care workers.	<u>Lead Staff:</u> Director <u>Target Date:</u> By December 2016	The State is working directly with the Tribes on the Money Follows the Person initiative which may provide more opportunities for Tribal input on cultural sensitivity related to service provision.
Ensure regional Tribes have opportunity for input in discussions of regional health planning in coordination with the Cascade Pacific Action Alliance (CPAA), a seven county Accountable Community of Health.	<ul style="list-style-type: none"> -LMTAAA will share notices of meetings and other information available from the CPAA and encourage participation by the Tribes. -LMTAAA will encourage the CPAA to engage with each Tribe in the CPAA region. 	<ul style="list-style-type: none"> -Regional Tribes will actively participate in the discussions and have input into and be informed of upcoming changes in the healthcare system. -The CPAA will become more aware of the health care needs and unique priorities of the Tribes within the CPAA region. 	<u>Lead Staff:</u> Director <u>Target Date:</u> Ongoing through the timeline developed for the CPAA	The CPAA has been made aware of the Tribes in our region and communicates directly with each. LMTAAA continues to share relevant information with each Tribe as it is available. In 2017, the CPAA reached out to all tribes in its region requesting their input into the design of the Medicaid Transformation Demonstration projects.

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Ensure regional Tribes have input and information regarding the development of the State Alzheimer's Plan.	<ul style="list-style-type: none"> -The Washington State Alzheimer's Association will be asked to provide outreach to the regional Tribes. -The Alzheimer's Plan workgroup will be asked to provide information to regional Tribes about planning activities. -LMTAAA will share information as it is available. 	Regional Tribes will be informed and have opportunity for involvement in development of the state Alzheimer's Plan.	<u>Lead Staff:</u> Director, Contracts Manager <u>Target Date:</u> Ongoing throughout the year.	An update on the State Alzheimer's Plan was provided at the May 2016 7.01 meeting. The Executive Summary document was referenced and distributed with meeting notes. LMTAAA continues to share information about the State Alzheimer's Plan with each Tribe as it is available.