



Lewis-Mason-Thurston Area Agency on Aging

CAREGIVER SUPPORT GROUPS

Thurston County

Family Caregiver Support Group

First United Methodist Church of Olympia
1224 Legion Way SE, Olympia
Meets in Room 222 of the Church
Third Tuesday of every Month,
5:30pm - 7pm
Contact: (360) 943-2661

South Sound Care Connection

Support Group: *Alzheimer's, *Memory Loss,
*Adult Children
Meets in the lobby of the
Olympia Senior Center
222 Columbia Street NW
Third Thursday of every month, 6pm - 8pm
Contact: (360) 586-4491

***Alzheimer's, *Memory Loss, *Spouses/ Partners**

St. Mark Lutheran Church
2109 College St SE, Lacey
Park in rear lot, enter through back door
Fourth Friday of every month, 1pm - 3pm
Contact: (360) 413-9106

NAMI Family Support

Providence St. Pete's Emilie Gamelin Pavilion
2nd/4th Wednesday every month, 6-8pm
Contact: (360) 486-4190

Parkinson's Disease Support Group

for patients (caregivers welcome)
Weekly on Wednesday, 11am - 12noon
Meets @ OLYMPIA Community Center
222 Columbia Street NW
Olympia, WA 98501
Contact: (360) 705-8520

Cancer Survivor Support Group

Thursdays, twice per month
Lobby of Providence Regional Cancer System
- Lacey
*Registration required
4525 Third Ave SE, Suite 200
Contact: (360) 789-7576

Stroke Club

For survivors, family members, & caregivers
Providence St. Pete's Emilie Gamelin Pavilion
2nd Sunday of every month, 3:00pm
Contact: (360) 705-0934

Brain Injury Support Group

For survivors, family members, & caregivers
Providence St. Pete's Bldg #2
Conference Room
2nd Tuesday of every month, 6-7:30pm
Contact: (360) 878-7240

www.LMTAAA.org

Family Caregiver Support Program (888) 545-0910

Lewis County

Alzheimer's Support Group

Cooks Hill Community Church
2400 Cooks Hill Rd. Centralia
Second Saturday of every month
10:30am - 12noon
Contact: (360) 736-6133
Must call facilitator prior to attending.

Brain Injury Support Group

Providence Centralia Hospital
First Tuesday of every month, 5pm - 7pm
Contact: (360) 864-4341

Cancer Support Group

for Patients and Caregivers
Radiant Care
2015 Cooks Hill Rd., Centralia
Third Tuesday of every month,
5:30pm - 6:30pm
*Also runs a separate monthly BREAST
CANCER support group for both Patients
and Caregivers

Diabetic Support Group

1010 S. Scheuber Rd, Centralia 98531
Meets on the second floor in the
conference room.
First Thursday of every month
Contact: (360) 807-7907

NAMI Family Support

Chehalis Library
Third Tuesday of every month
5:30pm-7:30pm
Contact: (360) 736-5319
Centralia Timberland Library
Tuesdays, 2:00pm - 3:00pm
Contact: (253) 273-6035

Parkinson's Support Group

Bethel Church
132 Kirkland Rd, Napavine
Second Thursday of every month,
meets at 1:00pm
Contact: (360) 740-5556

Mason County

Cancer Support Group

First Sunday of every month
10 - 11am
Faith Lutheran Church
1212 Connection Street
Contact: (360) 426-8611

Diabetes Support Group - ALLYN

Fourth Thursday of every month
1pm - 2pm, Port of Allyn Building
Contact: (360) 427-7332

Diabetes Support Group - SHELTON

Third Thursday of every month
(except July & Aug.) 1pm - 2pm
Mason General Hospital, Ellinor Room

Parkinson's Support Group

900 W. Alpine Way
Second Tuesday of every month
12:30pm - 3:00pm
Contact: (360) 426-6194

Prostate Cancer Awareness & Support Group

for Men & significant others
Last Monday of every month
7pm - 8:30pm
Mason General Hospital Skokomish Room
Contacts:
Bill (360) 426-2486
Jim (360) 426-0266
Dick (360) 427-6875

Pierce County & Phone Support

PIERCE COUNTY

Breast Cancer Caregiver Support Group

Multicare Regional Cancer Center
2nd and 4th Tuesday of every month
6-8pm
1003 S. 5th Street, Tacoma
Contact: (800) 200-2383

Caregiver's Support Group

Good Samaritan Behavioral Health
Second Monday of every month,
meets at 1:30pm
Contact: (253) 697-8533

Family Caregiver's Support Group

Asia Pacific Cultural Center
4851 South Tacoma Way
Second Friday of every month
Two groups: 10:30 am - Noon & 1-2:30
Contact:(253) 922-3221

Family Caregiver's Support Group

Good Samaritan Behavioral Health Center
325 E. Pioneer Ave.
Meets the third Tuesday of every month
5- 6:30 pm
Contact:(253) 697-8575

Parkinson's Disease Support Group

325 E. Pioneer, Puyallup, WA
Contact: (253) 697-8539

TELEPHONE SUPPORT

Parkinson's Telephone Support Group

Third Tuesday of every month,
3rd Tuesday 7:30-9pm
1-866-453-5550

Alzheimer's Association 24/7 Helpline

(800) 272-3900

VA Caregiver Support Line

(855) 260-3274

Last update September 2014