



Area Agency on Aging

Lewis-Mason-Thurston Area Agency on Aging

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ADVISORY COUNCIL Meeting Minutes for May 1, 2019

Members Present

Lewis County: Cindy Mund, Lynn Ford, Elizabeth Hicker, Charlene Woodring

Mason County: Ida Sevier, Carroll Raether, William Bezanson

Thurston County: Howard Burton, Walter Sulskis, Gwen Gadberry

Members Absent – Excused

Lewis County: Deb Mizner

Mason County: Beth Gizzi, Debra Jamerson, Glenn Harper

Thurston County: Dave Hughes, Mike Robbins

Members Absent – Unexcused

None

Staff Present

Charyl Warriner, Valerie Aubertin-Lamb, Mikle Yow, Nicole Kiddoo, Joy McBride, Carrie Petit

Guests

Paul Tosch

Welcome & Introductions

Cindy Mund, Chair, called the meeting to order at 9:30am and introductions were made. The Council welcomed the agency's new Executive Assistant, Charyl Warriner.

Approval of Minutes & Agenda

The May agenda and April draft minutes were approved as presented.

Community Updates & Announcements

Gwen Gadberry shared that Cooper Point Village is hosting a presentation from LMTAAA on May 7, 2019 and the topics of discussion will be 'What is the Area Agency on Aging and What is Hospice?'

Walter Sulskis reported that he will be attending a meeting at Capital High School on May 4, 2019 from 9:30am to 11:30am regarding the homelessness issue in Olympia. The last meeting was held on April 2, 2019 and Walter shared that it was very successful with more than 200 people attending. Walter shared the materials he

received at that meeting with the Council to review. He also reported the Lacey Spring Fun Fair will be a free event held at St. Martin's University on May 18, 2019 from 11am to 5pm with a free shuttle provided to South Sound Mall for additional parking.

William Bezanson shared that Matlock will be hosting the annual Old Timer's Historical Fair which will be held on May 4-5, 2019.

Carrie Petit shared flyers for two upcoming conferences that Council members may be interested in attending. The South Sound Alzheimer's Association annual conference will be on May 10, 2019, 8:30am to 4pm at Westwood Baptist Church. Executive Director, Nicole Kiddoo, stated that the agency will cover the cost for Council members who wish to attend and requested that those interested inform Charyl Warriner so she can register them in a timely manner. Carrie also shared that the Giving Care Taking Care annual conference for family caregivers will be held on June 3, 2019 in Tukwila.

Lynn Ford reported that Lewis County is completing a 5-year plan for homelessness on May 17, 2019 from 1pm to 2:30pm at the Sheriff's Office training room in Chehalis. A draft of the plan was shared with the Council through email at an earlier date. Lynn also shared with the Council that she had a very positive experience and was able to share the LMTAAA Resource Directory with a woman who has a husband with dementia.

Howard Burton shared that he recently attended a Silver Team meeting on homelessness with Executive Director, Nicole Kiddoo. He found it very encouraging that LMTAAA has potential to be a large part of the solution to the senior housing issue. Discussion ensued on the many partners that are strategizing and collecting data to support problem solving for homelessness in the aging population. Council members shared their personal experiences on the effects of increased property taxes and home maintenance costs.

Elizabeth Hicker shared a brochure with the Council from the Olequa Senior Center. She reported that two women from Toledo and Winlock create this brochure to give an overview of events that are going on at the senior center. She suggested to the Council that a similar document could be created for other areas so seniors are aware of upcoming events.

State Council on Aging (SCOA) Meeting Report

Lynn Ford shared a report on the April SCoA meeting with the Council through email at an earlier date. The email to the Council also included a tool kit for public speaking and the members were encouraged to read the materials as they are very informative and helpful. Council Chair, Cindy Mund, explained to new Council member, William Bezanson, that the expectation of the members is to share about the agency and what services are offered with those in our local communities to keep seniors informed.

Review of PowerPoint for Presentations

Executive Director, Nicole Kiddoo, shared a PowerPoint with the Council about the Lewis Mason Thurston Area Agency on Aging in order for them to review and make

recommendations on what slides to add, remove or change. The purpose of the PowerPoint is to assist Council members with giving presentations in their communities. The goal is for the members to give a brief overview of the agency and provide a warm hand-off to LMTAAA staff who will follow-up with additional support for seniors in need of services. Council members were encouraged to give their input and feedback on the draft PowerPoint as soon as possible, so the final draft can be shared with the members at the June meeting. Council Chair, Cindy Mund, suggested that the Council members interested in participating should meet before the June meeting to decide what content should be in the final draft of the PowerPoint.

National Association of Area Agencies on Aging (N4A) Presentation

Autumn Campbell, Director of Public Policy and Advocacy for N4A, gave an informative PowerPoint Presentation to the Council about their association and the work that they do at the national level. One key area of focus was the Older American's Act re-authorization and how important it is for the work done by Area Agencies on Aging across the nation. The Council was given tips on how to best advocate and educate in their local communities. Executive Director, Nicole Kiddoo, will be sharing materials from N4A in regard to legislative priorities as soon as possible.

Executive Director's Report

Executive Director, Nicole Kiddoo, shared that the LMTAAA Excellence in Leadership Academy participants will be graduating on May 13, 2019 and members were encouraged to attend.

Nicole reported that she would like to invite Jon Rudicil, Director of the Washington Association of Area Agencies on Aging (W4A), to present at a future meeting possibly in August or September to discuss advocacy and outreach with the Council.

The Council discussed the scheduled July 3, 2019 meeting and concern was expressed with it being so close to a holiday that there may not be a quorum. Vice-Chair, Ida Sevier, proposed cancelling the July meeting due to the 4th of July. The Council agreed unanimously and the July meeting was cancelled.

Nicole recommended that the Council decide what materials they would like to use as a tool kit for presenting locally in their communities. She suggested possibly combining information from N4A and from the State Council on Aging to have all the components readily available for best educating people on the importance of LMTAAA services.

Adjournment

After welcoming the new Mason County Council member, William Bezanson, the meeting was adjourned at 11:45 am.

Mikle Yow