



Area Agency on Aging

Lewis-Mason-Thurston Area Agency on Aging

2404 Heritage Court SW
Olympia, WA 98502

Phone: (360) 664-2168 • Fax: (360) 664-0791 • www.LMTAAA.org

ADVISORY COUNCIL Meeting Minutes for October 2, 2019

Members Present

Lewis County: Lynn Ford; Elizabeth Hicker and Patricia (Patti) Craig

Mason County: Ida Sevier; Debra Jamerson and William (Bill) Bezanson

Thurston County: R. (Dave) Hughes; Howard Burton and Michele Horaney

Members Absent

Lewis County: Cindy Mund; Deb Mizner and Charlene Woodring

Mason County: Glenn Harper; Beth Gizzi and Carroll Raether

Thurston County: Gwen Gadberry and Walter Sulskis

Staff Present

Nicole Kiddoo; Juno Whittaker; Valerie Aubertin-Lamb; Carrie Petit and Charyl Warriner

Guests

Paul Tosch, Regional Long Term Care Ombudsman

Welcome & Introductions

Ida Sevier, Vice-Chair, called the meeting to order at 9:32 a.m. All stood for the Pledge of Allegiance. Ida continued to welcome all to the meeting and introductions were made.

Approval of Minutes & Agenda

Ida entertained a motion to approve the Sept. 4, 2019 minutes as presented, and to approve the draft agenda for the Oct. 2, 2019 meeting. Bill Bezanson made a motion to approve both the minutes, as well as the draft agenda, as presented; Lynn Ford seconded the motion. The motion passed unanimously.

General Discussion

Nicole Kiddoo, Executive Director, reminded the Council members that Ida and Cindy will both be finishing up their term as leadership on the Council. If you are interested in taking on either the Chair, or Vice-Chair's roles, please contact Charyl Warriner to express your interest.

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Community Updates & Announcements – (see below)

Upcoming Community events are as follows:

- Oyster Fest this weekend in Mason County.
- Lewis Co. Senior *Night of Magic* on 10/19; this is a fundraiser
- Lewis Co. *Girls Night Out* on 10/19
- Onalaska is having their *Apple Fest* 10/3-10/6
- Panorama is having a *Brain & Dementia* conference in their auditorium (do we have a date?)
- Panorama is having a community forum, 10/17 from 9-4:30, with Mary Donnelly, as their speaker

Howard shared his an experience with his recent trip abroad to the UK, where he saw efforts being made to take care of their elderly population. Howard explained this with an example of marketing tools used by omitting print on one side of a candy bar, in efforts to use money saved (approx. \$30K) for services to help the elderly population.

The Advisory Council was reminded about the upcoming W4A Advisory Council Conference and the Washington State Senior Citizens Foundation Annual Conference in Tacoma. The dates for the conferences are October 23 and 24 and both will be held at the Hotel Murano.

A motion to skip the scheduled break was discussed. Bill Bezanson so moved; Lynn Ford seconded the motion to skip the scheduled break. The motion passed unanimously.

State Council on Aging (SCoA) Meeting Report -- (2-page handout was provided)

Council of Governments (CoG) Meeting Report – N/A; there was no September CoG meeting.

New Appointment: Ida Sevier introduced Patti Craig, our newest appointed Advisory Council member from Lewis County. Patti brings with her much experience with health care and hospice services and is also a nurse liaison with many doctors and hospitals.

Executive Director's Report – Nicole Kiddoo announced that our Shelton office has moved to a new location and there will be an Open House on November 15, 2019. Invitations will be sent to community members, Council of Governments Commissioners, Advisory Council members and other community partners. The Open House will be announced in the Mason County Journal and posted on Facebook. Nicole encouraged Council members to invite friends and family to the Open House. If you have names of individuals you would like invited, please contact Charyl with their mailing information.

Nicole announced that the agendas for the upcoming wW4A Advisory Council Conference and Washington State Senior Citizens Foundation Conference are still being put together. This year we are fortunate to have Bob Blancato from the National Association of Nutrition and Aging Services Programs (NANASP) as our keynote speaker for the Advisory Council Conference. Bob will share updates on pertinent national senior issues, discuss social

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isolation and how these items tie together.

There will be a Family Caregiver Conference, hosted by our own LMTAAA Staff, on November 8, 2019. Nicole encouraged the Advisory Council members to attend, if at all possible, or share the information with others.

Area Plan Discussion – Nicole Kiddoo provided an overview to the Council members on the agency's Area Plan for 2020-2023.

Most of the last six months has been spent preparing our new Area Plan. To recap, there is a Federal mandate, for Area Agencies on Aging every four years to provide a detailed plan of services and supports the agency will develop and provide. There are 13 AAAs in the State of Washington and all must submit an Area Plan to the Department of Social and Health Services, Aging and Long Term Support Administration.

Nicole stated that we are in the process of finalizing our Area Plan, and are asking for the Advisory Council's support to recommend approval by the Council of Governments (CoG). The agency has been gathering community input by hosting community forums and will host a public hearing in order to gather input and recommendations from community members, to improve on what LMTAAA already does.

Nicole presented a PowerPoint presentation for the Council members, and spoke about the Core Competencies of the agency, as well as the new Issue Area Themes that are required to be addressed in the Plan. At the close of the presentation, Nicole asked the Advisory Council to support the Area Plan (as proposed) and to recommend the Plan be presented to the CoG for final approval. Ida Sevier entertained a motion from the floor to recommend the proposed/presented Area Plan 2020-2023 go to the Council of Governments for final approval. Lynn Ford made a motion to approve the Area Plan 2020-2023, as proposed, Bill Bezanson 2nd the motion. The motion passed unanimously.

Next Advisory Council Meeting

The next scheduled meeting will be on November 6, 2019.

Adjournment

The meeting was adjourned at 11:22 a.m.

Submitted by: Charyl Warriner, Executive Assistant