



Area Agency on Aging

# Lewis-Mason-Thurston Area Agency on Aging

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## **ADVISORY COUNCIL Meeting Minutes for December 4, 2019**

### ***Members Present***

Lewis County: Lynn Ford; Liz Hicker; Cindy Mund (Chair); and Deb Mizner  
Mason County: Glenn Harper; Ida Sevier; Carroll Raether; and William (Bill) Bezanson  
Thurston County: Gwen Gadberry; R. Dave Hughes; Howard Burton; Michele Horaney and Judy Stratton

### ***Members Absent***

Lewis County: Patricia (Patti) Craig and Charlene Woodring  
Mason County: Beth Gizzi and Debra Jamerson  
Thurston County: Walter Sulskis

### ***Staff Present***

Nicole Kiddoo; Joy McBride; Valerie Aubertin-Lamb; Jemma Williamson; Carrie Petit; Bonnie Cook; Kristine Kane; Juno Whittaker; and Charyl Warriner

### ***Guests***

Paul Tosch, Regional Long Term Care Ombudsman

### ***Welcome***

Cindy Mund, Chair, called the meeting to order at 9:35 a.m., followed by the Pledge of Allegiance.

### ***Approval of Minutes & Agenda***

Cindy Mund, Chair, entertained a motion to approve both the November 6, 2019 minutes, and the draft agenda for the December 4, 2019 meeting. Bill Bezanson made a motion to approve both the November 6, 2019 minutes, as well as the draft December 4, 2019 agenda, as presented. Dave Hughes seconded the motion. The motion passed unanimously.

### ***Community Updates***

The Council recognized Ida Sevier, and her birthday today! Birthday wishes to Ida were expressed by all in attendance.

Howard Burton was pleased to report that the Regional Housing Summit, recently held on November 20<sup>th</sup> in Lacey, went very well. He recommended that those who were not able to attend, to look over the agenda on the handout and see if this is something we should be replicating in other counties.

Gwen Gadberry shared her excitement of her husband's 90<sup>th</sup> birthday and an upcoming party.

Glenn Harper reported that the Mason County Senior Activities Association will be starting a fundraiser that will incorporate a spaghetti feed, with Bingo in the afternoon, on January 12, 2020. All funds raised will go towards building a (new) larger greenhouse for the senior center.

Lynn Ford was happy to report that the Lewis County Seniors recently had their annual fundraiser, a "Night of Magic". This resulted in approximately \$12,000 raised. In addition, their Thrift Store had a "Girls' Night Out", which raised approximately \$2,000. She also announced a local high school Nutcracker production, as well as the annual Tractor Parade.

Cindy Mund, Chair apologized that she did not follow the agenda, and redirected the Council back to the "Welcome & Introduction" portion of the approved agenda, where all in attendance introduced themselves.

### **Reports**

#### **State Council on Aging (SCoA) Meeting Report – Lynn Ford**

Lynn commented on a presentation by the Hearing Loss Association of America. She was very impressed with the technology and advancements being made to help people with hearing impairment. She explained the CART system, which stands for "Communication Access Real Time Translation". This technology captures what is being said instantaneously and translates it into words on a screen for those with hearing difficulty. Lynn looks forward to the possibility of seeing this type of technology here at LMTAAA.

#### **Council of Governments (CoG) Meeting Report – Ida Sevier**

Ida noted there was no report as the next scheduled CoG meeting will be December 16, 2019.

**New Advisory Council Appointment:** Cindy Mund introduced Judy Stratton, our newest appointed Advisory Council member from Thurston County.

#### **Review of proposed 2020 Advisory Council meeting:**

The Council reviewed the proposed meeting schedule for 2020 and a conflict was noted for the January 2020 meeting. The regularly scheduled meeting was scheduled on January 1, which falls on a government holiday. The Council discussed alternate options, and Cindy Mund, Chair, opened the floor for motions for revision. Bill made a motion to change the January 1, 2020 Advisory Council meeting to January 8, 2020. Lynn seconded the motion. The motion passed unanimously. The next Advisory Council

meeting will be January 8, 2020.

***Recap of 2019 by Chair, Cindy Mund:***

Cindy took a moment to discuss the last year as Chair of LMTAAA's Advisory Council. She expressed her gratitude and thanks to the Council members for all their work and collaboration in helping share information about LMTAAA in their communities. She was happy to share a few things the Council did together, such as meeting to discuss concerns by county; learning about aging issues and services; and becoming more aware on how to be local advocates within our communities. The Council has given feedback and outlined a good path for outreach for the coming year, setting goals and priorities. Cindy continued to thank all Council Members for their continued commitment to improving lives of those around us, and led into the ballots for the upcoming 2020 year. Cindy will be stepping down as Chair, and Ida will be stepping down as Vice-Chair. Originally, we had two members running for Chair: Bill Bezanson, and Lynn Ford. Bill has since withdrawn his name from the ballot. One person was running for Vice-Chair: Glenn Harper. The members completed ballots to select the Chair and Vice-Chair for the coming 2020 year.

***Election of New 2020 Advisory Council Officers***

The election results were tabulated by Cindy Mund, and the results were as follows: Lynn Ford, Chair; and Glenn Harper, Vice-Chair. Congratulations were extended to Lynn and Glenn as our new 2020 Advisory Council leaders.

***Executive Director's Report – Nicole Kiddoo***

Nicole Kiddoo congratulated Lynn and Glenn on their new positions as Chair and Vice-Chair and looks forward to teaming up in the coming year. She also thanked Cindy and Ida for their (collective) years of dedication and commitment to the Council.

Nicole proposed that our new elected officers meet with her, shortly after the New Year, to discuss items that the Council would like to see regarding outreach efforts. She also elaborated, with the help of Howard, on the recent Regional Housing Summit meeting, and the efforts of Thurston Thrives with help from the Silver Team, to address the ever-increasing problem with affordable housing for older people. Those who attended were pleased on how well Nicole and Howard represented LMTAAA and shared the issues we're facing.

There will be many more discussions in 2020, and once we have confirmed meeting dates, we will be sharing them with the Council. In July, the National Association of Area Agencies on Aging (n4a) will be holding their annual conference in Portland, OR. We have submitted proposals to speak on areas of concern, such as housing issues brought up by Thurston Thrives.

The Washington Association of Area Agencies on Aging (w4a) will also be holding their Lobby Day on January 30, 2020. Nicole expressed her desire to have our Council members present. LMTAAA would be happy to discuss shuttling options, if there are many interested in attending.

Nicole provided an update on the agency's 2020-2023 proposed Area Plan. We received approval from the Council of Governments and submitted our plan to the Department of Social and Health Services, Aging and Long Term Care Administration (AL TSA). Since that time, AL TSA provided feedback regarding a few items in need of clarification. We are anticipating hearing back from AL TSA with an approved plan by the end of this calendar year and look forward to reporting back to the Council.

At the end of October, LMTAAA's Collective Management Team met with Julie Lancaster from Lancaster Consulting to discuss team building and development of our Strategic Plan. We are currently working on a draft Strategic Plan and timelines. Nicole looks forward to sharing the Strategic Plan with the staff and our Advisory Council when completed.

### **Discussion/Announcements:**

Nicole shared with the Council that Lancaster Consulting will be awarding LMTAAA with a Cultivating Leadership award in 2020 for all the hard work we have been doing on staff development and team building.

Nicole announced that the Agency's website team is continuing to work hard to launch the new website. Council members should have received a link with the soft launch information.

Nicole expressed to the entire Advisory Council how incredibly grateful she is to serve such a wonderful group. She stated that it has been an honor and privilege to work with each Council member and this agency. She is very proud to see all the great things this Council has done, and all of the wonderful things we are working toward in the next year.

Nicole gave a special thanks to Dave Hughes on his service to LMTAAA as an Advisory Council member over the last six years. She expressed that the Council appreciates his dedication and support with the Agency's mission.

### ***Next Advisory Council Meeting***

The next scheduled meeting will be on January 8, 2020.

### ***Adjournment***

The meeting was adjourned at 11:15 a.m.

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**Submitted by: Charyl Warriner, Executive Assistant**