



Lewis-Mason-Thurston Area Agency on Aging

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Area Agency on Aging

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ADVISORY COUNCIL

Meeting Minutes for Wednesday, December 2, 2020

9:30 a.m. – 12:00 p.m.

Teleconference (via ZOOM) <https://zoom.us/j/487746388>

Meeting ID: 487 746 388; Call in # (253) 215-8782; or (301) 715-8592

Members Present

Lewis County: Lynn Ford (Chair); Elizabeth (Liz) Hicker; Cindy Mund; Deb Mizner

Mason County: Glenn Harper (Vice-Chair); Bill Bezanson; Carroll Raether

Thurston County: Judy Stratton; Howard Burton; Eileen McKenzieSullivan; Michele Horaney

Members Absent

Lewis County: N/A

Mason County: Debra Jamerson

Thurston County: N/A

Staff Present

Nicole Kiddoo, Executive Director; Dan Speigle, Fiscal Director; Joy McBride, Contracted Services Director; Valerie Aubertin, Contracts Manager; Carrie Petit, Contracts Manager; and Charyl Warriner, Executive Assistant

Guests

Prospective Advisory Council members, Janeen McLaughlin and Cynthia Clark

Welcome & Introductions

Lynn Ford called the meeting to order at 9:33 a.m., followed by the Pledge of Allegiance and introductions. Lynn welcomed two guests and potential Advisory Council members, Janeen McLaughlin and Cynthia Clark.

Approval of Minutes & Agenda

Lynn Ford, Chair, entertained a motion to approve both the November 4, 2020 draft (amended) meeting minutes, as well as the draft agenda for the December 2, 2020 meeting. The amended minutes reflect a change in Deb Mizner's location, to the correct county of Lewis County and not Mason County. Cindy Mund made a motion to approve both the November 4, 2020 draft amended meeting minutes, as well as the draft agenda for the December 2, 2020 meeting. Glenn Harper seconded the motion. The motion passed unanimously.

Comments from the Chair – Lynn Ford

Lynn Ford commented that she hoped everyone had a nice, safe Thanksgiving holiday.

She also shared that she is very pleased to welcome Eileen McKenzieSullivan as a newly appointed Advisory Council member. Although we have some vacant seats on the Council, Lynn is very hopeful to have more members in the coming months.

Community Updates –

There were no updates from Lewis County or Mason County.

Eileen McKenzieSullivan from Thurston County invited those who have not yet been to Tenino, to stop in at the **Vault** for some events celebrating local artists. These events will allow participants to safely attend while social distancing.

State Council on Aging (SCoA) – Lynn Ford

Lynn Ford asked the Council if they had any questions on the materials shared since the last SCoA meeting, and there were none. Lynn will continue attending the Advisory Council meetings in 2021, but as the new Chair of SCoA.

Standing Committee Year-End Reports

Membership Committee – Cindy Mund

Cindy Mund went over the current roster status of the Advisory Council, to include the vacant seats within each county.

Socialization & Engagement Committee – Glenn Harper

Glenn Harper shared with the Council that this year the committee came up with a pilot project, using GrandPads, to help combat social isolation, brought on by the COVID-19 pandemic and those isolated from friends and family. After circulating a flyer with surprising results, the committee was able to narrow down approximately seven (7) individuals who would greatly benefit from using a GrandPad.

Nominating Committee – Carroll Raether

Carroll Raether, after calling for nominations from the floor three times, informed the Council that there was a nomination for Glenn Harper, as incoming Chair, and for Eileen McKenzieSullivan, as incoming Vice-Chair.

Advocacy & Legislative Committee Report – Howard Burton

Howard Burton shared with the Council that the Committee has their work cut out for them this year. The COVID-19 pandemic is greatly affecting the state budget, and now is the time to reach out to our legislators and ask *“Do No Harm, Don’t Cut the Budget on Long Term Healthcare”*. If you are interested in joining the committee, please let us know.

Election of New 2021 Advisory Council Officers – Lynn Ford

The Election results were tabulated by Lynn Ford, and the results were as follows: Glenn Harper, Chair; and Eileen McKenzieSullivan, Vice-Chair. Congratulations were extended to both Glenn and Eileen as our new 2021 Advisory Council leaders.

Reflection of 2020 – Lynn Ford

Lynn Ford took a moment to discuss the last year as Chair of LMTAAA's Advisory Council. She expressed her gratitude and thanks to the council members for all their work and collaboration in helping share information about LMTAAA in their communities.

In a recap of the year, Lynn took us back to January 2020 with w4a and participation in Senior Lobby Day. This was one of the most successful days, where we asked for more Case Management funds. In February, we were excited and ready to move forward in our outreach. In March, due to COVID-19, our perspective changed. After reviewing our January and February 2020 goals, we needed to revisit our plans, as we were no longer able to complete our in person outreach within our communities. Instead, we shifted our focus to updating the Advisory Council's By-Laws, which had not been revised since 2003. In forming a By-Law Committee, we made many changes on how the Council operates.

Cindy Mund shared with the new Advisory Council members, and prospective members, to hang in there, and pay attention to what's happening. Learn from the others on the council and make new contacts. Cindy extended her thanks and reiterated how proud she is of this Advisory Council, and all of progress they made this year, even during the COVID-19 pandemic. Although Cindy will no longer be on the Advisory Council, she will remain on the Socialization & Engagement Committee.

2021 Goal Discussion – Lynn Ford

Lynn Ford opened the discussion on potential goals the Council would like to work on in 2021. There was general input to continue working on the legislative/budget concerns; continuing to assist with socialization and isolation effects for those in remote locations; continued outreach/education and membership recruitment. The Advisory Council continues to work with Hemisphere on printed materials to aid in our outreach and advocacy efforts.

Executive Director Update – Nicole Kiddoo

Nicole Kiddoo thanked the entire Advisory Council for a year of dedication and referenced the group as Super Heroes. She reflected on our excitement in keeping both Lynn Ford and Cindy Mund on our Socialization & Engagement Committee; and well as the appointment of Michele Horaney as our new Advocacy and Legislative Committee Chair, and Howard Burton as the Co-Chair.

She wanted to extend her thanks and gratitude to our departing council members: Carrol Raether, Cindy Mund and Lynn Ford. Nicole apologized that we were not able to have our usual holiday/gratitude luncheon this year. She also congratulated Glenn and Eileen on their new positions as Chair and Vice-Chair and looks forward to teaming up with them in the coming year.

Nicole proposed that our newly elected officers meet with her, shortly after the New Year, to discuss items that the Council would like to focus on in 2021.

Committee Appointments - Glenn Harper shared that Eileen McKenzieSullivan has agreed to take on the Chair position with the Socialization & Engagement Committee, while Lynn Ford shared that Michele Horaney has agreed to be the Chair for the Advocacy & Legislative Committee, and Howard Burton will be the Vice-Chair. Lynn mentioned that Glenn as new 2021 Advisory Council Chair, will need to find Chairs for each committee.

Nicole Kiddoo shared with the Council that she is working on a document that will assist our committee chairs, identifying best practices and an overview on responsibilities. She plans to have this ready for January 2021. With some of our newer members, we are hoping that it will assist in understanding the roles, particularly as they apply to our recently revised By-Laws.

Area Plan 2021 Budget Approval – Nicole Kiddoo & Dan Speigle

Dan Speigle presented the proposed Area Plan Budget to the Advisory Council for review and vote to recommend approval by the Council of Governments (COG) during their December meeting. Lynn Ford, Chair, entertained a motion to recommend the proposed Area Plan 2021 budget go to the COG for final approval. Bill Bezanson made a motion to approve the 2021 Area Plan Budget, as presented by Dan Speigle, Fiscal Director. Eileen McKenzieSullivan seconded the motion. There was no discussion. The motion passed unanimously. This will now go before the CoG during their December 8, 2020 meeting for final approval.

Holiday Celebration/Recognition/Ugly Sweater/Holiday Trivia – Lynn Ford

After much laughter, it was decided that there was a tie for the **Ugliest** Sweater, between Eileen McKenzieSullivan and Judy Stratton. The **Flashiest** sweater award went to Carrie Petit, while the **craftiest/most original** sweater went to Cindy Mund. Congratulations to each of you on your win.

Next Advisory Council Meeting

Advisory Council meetings will continue via teleconferencing until further notice. The next scheduled meeting will be on Wednesday, January 6, 2021, at 9:30 a.m., via ZOOM.

Adjournment

Lynn Ford called for a motion to adjourn. Bill Bezanson made a motion to adjourn. Cindy Mund seconded the motion. The motion passed unanimously. The meeting adjourned at 12:00 p.m.

Submitted by: Charyl Warriner, Executive Assistant